

Hydrofera Blue Classic™ Dressing

Patient Instructions for Safe Application & Removal

What Is Hydrofera Blue?


Hydrofera Blue Classic is a special wound dressing used to help manage drainage, protect the wound, and support healing.


Always use this dressing exactly as instructed by your wound care provider.


Supplies Needed

Most supplies can be purchased at a local retail pharmacy:

- ✓ Sterile saline or sterile water
- ✓ Non-adherent dressing pads
- ✓ Stretch gauze or Kerlix wrap
- ✓ Medical tape
- ✓ Clean scissors
- ✓ Disposable gloves

 Hydrofera Blue dressing is provided or prescribed by your healthcare provider.

 Hydrofera Blue dressings may also be purchased online, including through Amazon, for quick delivery if recommended by your provider.

 Hydrofera Blue is typically NOT available at local retail pharmacies such as Walgreens, CVS, Publix, Walmart, or similar stores.

How to Apply Hydrofera Blue Classic

Step 1: Wash Your Hands

Wash hands thoroughly with soap and water. Put on clean gloves.

Step 2: Remove the Old Dressing

Carefully remove the old dressing.

If the dressing sticks:

- Moisten it with sterile saline or sterile water
- Wait a few minutes before gently removing

⚠ Do NOT pull forcefully.

Step 3: Clean the Wound

Clean the wound exactly as instructed by your provider. Pat the surrounding skin dry.

Step 4: Prepare the Hydrofera Blue

Moisten the Hydrofera Blue dressing with sterile saline or sterile water.

✓ The dressing should be moist but NOT dripping wet.

Gently squeeze out excess liquid if needed.

Step 5: Cut Dressing if Needed

If instructed by your provider, trim the dressing so it fits the wound area.

Step 6: Apply the Hydrofera Blue

Place the moist Hydrofera Blue directly over the wound.

✓ Make sure the wound is fully covered. ✓ Do not stretch or pack tightly.

Step 7: Cover with a Non-Adherent Dressing

Place a non-adherent dressing pad over the Hydrofera Blue.

This helps:

- Keep the dressing in place
 - Prevent sticking
 - Protect the wound
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Step 8: Wrap with Stretch Gauze/Kerlix

Wrap the area gently with stretch gauze or Kerlix.

✓ Wrap snugly but NOT too tight.

⚠ Loosen the wrap if you notice:

- Numbness
 - Tingling
 - Increased pain
 - Swelling
 - Cold fingers or toes
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Step 9: Secure with Tape

Use medical tape to secure the dressing.

Avoid placing tape directly on fragile or irritated skin when possible.

Step 10: Change the Dressing as Directed

Follow your provider's instructions for dressing changes.

Hydrofera Blue dressings are commonly changed every 1–3 days unless instructed otherwise.

How to Remove Hydrofera Blue Safely

Step 1: Wash Your Hands

Wash hands thoroughly and put on clean gloves.

Step 2: Remove the Outer Wrap

Remove the stretch gauze/Kerlix and non-adherent dressing.

Step 3: Check if the Dressing Is Sticking

⚠️ Never pull Hydrofera Blue off dry.

Step 4: Moisten the Dressing

Apply sterile saline or sterile water over the dressing.

Allow it to soak for several minutes.

Step 5: Gently Remove the Dressing

Slowly lift the dressing away from the wound.

If it still sticks:

- Add more saline or water
 - Wait a few more minutes
 - Try again gently
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Step 6: Dispose of Used Supplies

Place used dressings and gloves into a trash bag. Wash your hands again.

When to Call the Office

Contact your healthcare provider if you notice:

- ! Increased redness
- ! Swelling
- ! Warmth around the wound
- ! Bad odor
- ! Pus or unusual drainage
- ! Increased pain

- ! Fever or chills
 - ! Bleeding
 - ! Dressing leakage
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Important Safety Tips

- ✓ Keep all dressing supplies clean and dry
 - ✓ Do not reuse old dressings
 - ✓ Follow dressing change instructions carefully
 - ✓ Keep follow-up appointments with your provider
 - ✓ Never stop wound care treatment unless instructed
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Questions?

If you have questions or concerns about your wound care, please contact your healthcare provider.

Your wound care team is here to help support healing and recovery. ❤️